



#### COURSE PACK OVERVIEW AND CUSTOMIZATION

Ready Set > Respect is a fast-paced, action-oriented learning program designed to promote a positive workpalce for all. Learners explore five microlearning courses and meet with their managers to identify opportunities to immediately apply new skills on the job. Each course comes with a downloadable workbook that can be customized for your organization. Knowing that teams love competition, learners can earn points, badges and rewards for course completion and using their new skills.

### **Identifying Bias**

- Auditing personal unconscious biases and perceived company biases
- Identifying microaggressions
- Defining types of biases and prejudice (affinity bias)

### **Preventing and Resolving Concerns**

- Recognizing and reporting problems and harassment
- Resolving concerns
- Listening actively and communicating constructively
- · Recognizing workplace bullying
- Understanding confidentiality and reporting

# **Creating a Supportive Team and Culture**

- Distinguishing between IQ and EQ
- Using empathy to acknowledge concerns
- Fostering a positive atmosphere that empowers all to succeed
- Encouraging recognition by peers and managers
- Creating a zero-tolerance culture
- Taking ownership of culture to build a supportive environment for all

### **Building a Respectful Workplace**

- Acknowledging differences and diversity
- Empowering others to express concerns
- Knowing how body language may be disrespectful
- Understanding your responsibility to your workplace

## **Preventing & Addressing Sexual Harassment**

- Identifying instances of harassment
- Recognizing subtle behavior that might not seem hostile
- Preventing and resolving retaliation
- Reporting and escalating concerns



With our Spoke learning experience platform, you can house job aids, training courses, company news, and other resources. There's even a community feature for sharing ideas and questions!

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